

**RELEASE, WAIVER AND HOLD HARMLESS AGREEMENT**

I hereby certify that from the instructor designated by the Lutheran Theological Seminary at Philadelphia, I have received instructions as to the use of the fitness equipment in the Fitness Room in the basement of the student housing building.

I hereby waive, release and hold harmless the Seminary from any claim I might have for any injury or health condition which I may sustain or suffer while using the aforesaid equipment, or resulting from the use of the equipment by any other person while I am present in the Fitness Room.

Further, I hereby agree to indemnify and hold harmless the Seminary from any claim by any person for injury caused by me while using the aforesaid equipment.

Signed and witnessed this \_\_\_\_\_ day of \_\_\_\_\_, 200 \_\_\_\_.

\_\_\_\_\_  
Witness

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